

**PROPOSAL - SPORTS MEDICINE SERVICES**  
**St. Luke's University Health Network**

**September 1, 2017**

**Submitted To:**

**North Hunterdon – Voorhees Regional High School**  
**District**  
**Annandale, NJ**



**Proposal Submitted by:**

**St. Luke's University Health Network**  
**Official Sports Medicine Provider**  
*Hunterdon, Warren, Sussex Athletic Association*  
*PIAA District XI*



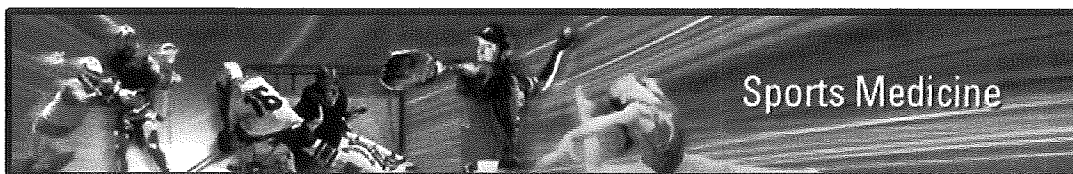


**ST. LUKE'S UNIVERSITY HEALTH NETWORK**  
**SPORTS MEDICINE – ATHLETIC TRAINING SERVICES**  
**EXECUTIVE SUMMARY – PRELIMINARY PROPOSAL**

St. Luke's University Health Network is excited to offer student-athletes and members from the North Hunterdon-Voorhees Regional High School District with access to one of the very best health networks in the nation. The highly qualified Sports Medicine Team at St. Luke's are ready to strengthen our relationship with NH-V and set a new standard for comprehensive sports medicine services in your District. This Executive Summary lists and/or describes the services being offered by the St. Luke's Team.

<b>Service</b>	<b>Charge</b>
<b>1 Substitute Athletic Trainer (As Needed – Requested By the District)</b>	\$125/day
<b>Sports Performance Testing (All students interested) – includes detailed report</b>	\$5/athlete
<b>NJSIAA Approved District Coaching Certifications:</b> CPR/AED and Sports First Aid Training (2 year certification) NFHS Fundamentals of Coaching Course NFHS AACCA Spirit Safety Certification Concussion Awareness Heat Acclimatization Water Safety Instructor Certification	\$9,400.00
<b>Educational Programs as requested by the District for students, coaches, and/or staff</b>	<b>NO CHARGE</b>
<b>Average Annual Fee (does not include substitute AT services)</b>	<b>\$9,400.00</b>

We stand ready to provide additional information about these exciting programs and services and working closely with the NH-V Leadership to answer any questions and provide additional details about these programs and services.



## **PRICE & STAFFING PROPOSAL**

### **ATHLETIC TRAINING/SPORTS MEDICINE SERVICES:**

#### **Athletic Trainers**

St. Luke's will provide substitute athletic trainers plus additional support as needed to North Hunterdon – Voorhees Regional High School District; at the District's request. The fee for this service will be \$125 per day per Athletic Trainer. These Athletic Trainers will support the 4 current District Athletic Trainers in providing optimal care for student-athletes.

#### **Sports Performance Testing:**

The St. Luke's Sports Performance Team will provide sports performance testing to any District student for a fee of \$5 per student. This fee will be paid by students and parents – not the District. Testing is provided onsite on mutually selected dates for any student that would like to participate. Data from the testing is shared with coaches/parents and has team rank and national grade level comparisons. This information can help guide coaches in focusing their strength and conditioning programs and aid District Athletic Trainers and physicians in return to play decisions.

#### **Coaching Certifications:**

St. Luke's will work with the District Administration to provide a series of educational programs for coaches and staff at mutually agreed upon dates and times. We will continue to offer NJSIAA approved CPR/AED and First Aid training to all coaches at North Hunterdon and Voorhees high schools at the request of the Athletic Director and/or Principal. Additional staff certifications for non-coaches can be provided for a fee of \$45.00 per certification. St. Luke's will also work with the District to provide coaches with other required coaching certifications that include Fundamentals of Coaching, AACCA Spirit Safety, Concussion, Heat Illness Prevention, and the Water Safety Instructor certification. The maximum total cost to provide this service will be \$9,400.00 per year. This final figure will be based on the total number of actual certifications needed per year and invoiced accordingly. Payment for all certifications will be made directly to St. Luke's who will manage the program for the District.

Special lectures and presentations by Sports Nutritionists and other experts will be provided based on a calendar mutually constructed and agreed upon by the Principal and Athletic Director. These presentations could be open to students, coaches, parents and the community based on the preferences of the North Hunterdon and Voorhees Administration.

### North Hunterdon/Voorhees Certification Table

Certification	Estimated Certs Needed	Cost Per Certification	Total
CPR/AED (2 years)	108 North Hunterdon 96 Voorhees Total=204	\$45	\$4590.00/year
Coaching Fundamentals (New Coaches)	20 new coaches	\$75	\$1500
NFHS AACCA Spirit Safety Certification (4 years)	6	\$75	\$112.50/year
Water Safety Instructor Certification (2 years)	6	\$400	\$1200/year
Heat Acclimatization -Safe Schools		Free	Free
Concussion Awareness -Safe Schools		Free	Free
First Aid -Safe Schools		Free	Free
Administration			\$1997.50
Total			\$9400.00/year

\$9400.00 represents the highest estimated cost to the District if all coaches were certified through St. Luke's. We will prorate cost according to the actual number of certifications needed per year.

## North Hunterdon-Voorhees Regional High School District – Sports Medicine Proposal

Upon review and acceptance of this proposal, the parties shall construct a formal agreement detailing the specific terms and expectations of each party.

Signature of Authorized Representative of North Hunterdon-Voorhees Regional High School District:

\_\_\_\_\_  
(SIGNATURE)

DATE: \_\_\_\_\_

\_\_\_\_\_  
(TITLE)

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### PLEASE RETURN THIS PAGE TO:

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Date: September 1, 2017