

## NHHS Boys Lacrosse Evaluation Sheet

### Scoring Rubric

A player will earn a 5 in a skill if;

They show no to few mistakes AND

They are able to complete the skill with both hands (if applicable) AND

They are able to complete the skill at full speed

A player will earn a 4 in a skill if;

They show a few mistakes And

They are able to complete the skill with both hands (if applicable) AND

They are able to complete the skill at full speed

A player will earn a 3 in a skill if;

They have a few (5+) mistakes OR

They are able to complete the skill with both hands (if applicable) OR

They are able to complete the skill at full speed

A player will earn a 2 in a skill if;

They have many mistakes (6+) mistakes AND

They are unable to complete the skill with both hands AND

They are unable to complete the skill at full speed

A player will earn a 1 in a skill if

They have frequent (7+) mistakes AND

They are unable to complete the skill with either hand AND

They are unable to complete the skill at full speed.

### Position Descriptions:

**Close Defender:** Long stick defenders play on our defensive side of field. Needs to have good feet, be strong, and play with low hips.

**Long Stick Midfielder:** LSMs play on defensive side, on the wing, and in transition. Must have good feet, be strong, play with low hips, excel at ground balls, and be consistent throwing and catching on the run.

**Attack:** Attack play on our offensive end of the field. Need to have a high rating in all stick skills (on the run and stationary) as well as an understanding of offensive and stationary schemes.

**Offensive Midfielder:** Offensive midfielders play on our offensive end of the field. Tend to sub on after we have gained possession of the ball. Need to have a high rating in all stick skills (on the run and stationary) as well as an understanding of offensive and stationary schemes.

**Defensive Midfielder:** Defensive midfielders play on our defensive end of the field. Tend to sub off after we have gained control of the ball. Need to have a high ratings in defensive play and be able to catch and throw on the run (with at least one hand).

**Transition Midfielder:** These are swing players that have high ratings in wing play, defensive play, transition play, ground balls, and catching and throwing. They will play on faceoffs, the defensive side of the field, and the offensive side of the field. Tend to sub off on settled offense.

**FOGO:** Face Off Get Off is a player who only has the skill currently to take faceoffs.

**Name:**

**Grade:**

Skill	Rating	Notes
Catching and Throwing	1 2 3 4 5 NA	
Shooting	1 2 3 4 5 NA	
Ground Balls	1 2 3 4 5 NA	
Catching and Throwing On The Run	1 2 3 4 5 NA	
Defensive Play	1 2 3 4 5 NA	
Wing Play	1 2 3 4 5 NA	
Offensive Play	1 2 3 4 5 NA	
Transition Play	1 2 3 4 5 NA	
Faceoffs	1 2 3 4 5 NA	

**Areas of Strength:**

**Areas in need of improvement:**

**Recommended Position:**