

Camp Registration

Camper(s) Name's: _____

Grade as of Sept. 2011 _____

T-Shirt Size(s) _____

Address: _____

Email: _____

Parent/Guardian Name and Contact Information:

Emergency Contact Name and Information:

Total Number Campers _____

Total Paid _____

Payment only by check made out to:

Voorhees High School

Mail Registration Form and Check To:

Cardinal & Gold Camp
C/O Mark Pribracha
Voorhees High School
256 County Road 513
Glen Gardner, NJ 08826

VOORHEES VIKINGS FOOTBALL

Cardinal & Gold Camp
Voorhees High School
256 County Road 513
Glen Gardner, NJ 08826
Phone: (908)-638-2199 ext. 2142
E-mail: mpribracha@nhvweb.net

**VOORHEES VIKINGS
FOOTBALL**

**Vikings
Cardinal
&
Gold
Football Camp**

**JUNE 27-30
8:00AM - 11:45AM
AT VOORHEES HS**



(908)638-2199 ext.2142

General Information

The Cardinal & Gold Camp is for any football player who is serious about learning and improving football skills. This camp is open to all athletes grades 3—9 as of September 2011.

When: The camp will be held June 27—30 from 8:00 am to 11:45 am.

Where: At Voorhees High School.

Cost: \$120 for the first athlete
\$100 for a second athlete

Staff: Your child will be coached by members of the current Voorhees Vikings football staff.

Advantages: Your son will have the unique ability to be coached by the highly qualified, talented, and successful coaches of Voorhees High School. They will also learn the techniques and skills they will need to excel when playing for the Jr. Vikes, the Hunterdon Huskies, and eventually for the Voorhees Vikings.



Viking 2011 Schedule

9/3	@ South River.....	11:00 am
9/9	Summit	7:00 pm
9/16	@ Cranford	7:00 pm
9/23	@ Warren Hills.....	7:00 pm
9/30	Del. Valley	7:30 pm
10/6	@ Belvidere	7:00 pm
10/15	@ SP-Fanwood	1:00 pm
10/21	Somerville	7:00 pm
11/04	N. Plainfield.....	7:00 pm
11/11	TBD	
11/18	N. Hunterdon.....	7:00 pm

Skills and Techniques

Offense: Each camper will learn every offensive position. For each position they will learn the following skills:



- Stance
- Start
- Blocking
- Receiving
- Throwing
- Snapping
- Formations
- Motion
- Ball Security

Defense: Each camper will learn every defensive position. For each position they will learn the following skills:

- Form Tackling
- Stance and Start
- Getting off the block
- Redirection
- Pursuit
- Ball Disruption

Special Teams: Each camper will also be taught the following special teams skills:

- Long Snapping
- Punting
- Place Kicking
- Kick Coverage