

NORTH HUNTERDON HIGH SCHOOL

Dr. Gregory Cottrell
Principal

Ms. Alexa Freguetti
Athletic Director



Assistant Principals
Mr. John Deutsch
Ms. Stacy Ditze
Mr. Timothy Flynn
Mr. Chris Maslonka
Mr. Robert Pellechio

November 2023

Dear Parents, Guardians, and Students:

Blood donations in New Jersey continue to be in short supply so we hope you will consider donating blood at our next blood drive on November 21, 2023. While 60% of the population is eligible to give blood, only 5% of those eligible actually do. Yet, every three seconds, someone needs a blood transfusion.

Each year, our teachers, students, parents/guardians, and community members have come forward to help others through blood donations. Their generosity was acknowledged again last year as North Hunterdon High School was among the list of leading corporate and educational blood donor groups by New Jersey Blood Services. In fact, North Hunterdon was listed as #1 among high schools in New Jersey. We hope our community's generosity will continue.

The blood drive will be held in North Hunterdon High School's Main Gym on Tuesday, November 21, 2023, from 7:30 a.m. to 3:30 p.m. Appointments are preferred, but walk-ins are welcome. If you would like to reserve a time slot for your donation, please click [HERE](#) for the sign-up link.

While students who are seventeen and eighteen years old may donate legally without parental permission, we ask that they speak with their parents/guardians before donating and that they obtain written permission (see below). We also extend a special invitation to our students who will be sixteen years old by November 21. With parental permission, sixteen-year-olds can donate in the state of New Jersey. In addition to filling out the permission slip below, they must also fill out the New Jersey Blood Services Parental Consent Form attached [HERE](#).

Reminders and new guidelines for donating:

- All Donors should drink plenty of water and eat regular meals on donation day.
- All donors must show some official form of identification, such as a picture ID or driver's license.
- If you have a blood donor card, please bring it with you when you donate.
- All donors' temperatures will be taken prior to entering the blood drive.
- May NOT donate if you have had a positive diagnostic test or experienced symptoms of COVID-19 in the last 14 days.
- May NOT donate if you are under self-quarantine restrictions.

We look forward to your help. Save someone's life on November 21!

Sincerely,
Greg Cottrell, Ed.D.
Principal

Regardless of age, all students must have this permission slip signed by a parent/guardian. You are eligible to donate blood if you are 16 years of age or older. Please submit this permission form, signed by your parent/guardian, when you come in to donate blood. Sixteen-year-olds must also submit the New Jersey Blood Services Parental Consent form.

I am giving permission for my child _____, who is a minimum of 16 years old, to donate blood on November 21, 2023, at North Hunterdon High School.

Signature of Parent or Guardian: _____