

# NORTH HUNTERDON HIGH SCHOOL

**Dr. Gregory Cottrell**  
Principal

**Ms. Alexa Freguetti**  
Athletic Director



Assistant Principals  
**Mr. John Deutsch**  
**Ms. Stacy Ditze**  
**Mr. Timothy Flynn**  
**Mr. Chris Maslonka**  
**Mr. Robert Pellechio**

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February 2023

Dear Parents, Guardians, and Students:

Blood donations in New Jersey, as elsewhere, are always in desperately short supply. While 60% of the population is eligible to give blood, only 5% of those eligible actually do. Yet, every three seconds, someone needs a blood transfusion.

North Hunterdon High School is proud to announce that we are hosting a blood drive on February 15, 2023. Each year, our teachers, students, parents/guardians, and community members have come forward to help others through blood donations. Their generosity was acknowledged again last year as North Hunterdon High School was among the list of leading corporate and educational blood donor groups by New Jersey Blood Services. In fact, North Hunterdon was listed as #1 among high schools in New Jersey. We hope our community's generosity will continue.

**The blood drive will be held in North Hunterdon High School's Main Gym on Wednesday, February 15, 2023 from 7:30 a.m. to 3:30 p.m. Appointments are preferred, but walk-ins are welcome. If you would like to reserve a time slot for your donation, please click [HERE](#) for the sign-up link.**

While students who are seventeen and eighteen years old may donate legally without parental permission, we ask that they speak with their parents/guardians before donating and that they obtain written permission (see below). We also extend a special invitation to our students who will be sixteen years old by February 15. With parental permission, sixteen-year-olds can donate in the state of New Jersey. In addition to filling out the permission slip below, they must also fill out the New Jersey Blood Services Parental Consent Form attached [HERE](#).

Reminders and new guidelines for donating:

- All Donors should drink plenty of water and eat regular meals on donation day.
- All donors must show some official form of identification, such as a picture ID or driver's license.
- If you have a blood donor card, please bring it with you when you donate.
- All donors' temperatures will be taken prior to entering the blood drive.
- May NOT donate if you have had a positive diagnostic test or experienced symptoms of COVID-19 in the last 14 days.
- May NOT donate if you are under self-quarantine restrictions.

We look forward to your help. Save someone's life on February 15!

Sincerely,  
Greg Cottrell, Ed.D.  
Principal

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*All students, regardless of age, must have this permission slip signed by a parent/guardian. If you are 16 years of age or older, you are eligible to donate blood. Please submit this permission form, signed by your parent/guardian, when you come in to donate blood. Sixteen-year-olds must also submit the New Jersey Blood Services Parental Consent form.*

I am giving permission for my child \_\_\_\_\_, who is a minimum of 16 years old, to donate blood on February 15, 2023, at North Hunterdon High School.

Signature of Parent or Guardian: \_\_\_\_\_