

North Hunterdon High School

November Calendar

- 2-6 Spirit Week
- 2 1st Marking Period Ends
Powder Puff Football, 5:30pm, Singley Field
PTSA Meeting, 7pm in café B
- 4 Milk Can Pep Rally
- 5-6 NJEA Convention, school closed
- 6 Milk Can Game, 7:15pm, @ Voorhees High School
- 9-13 French Week
- 9 Booster Club Meeting, 7:00 pm., Faculty Dining Room
- 10 Teen Driver Safety Program with Andy Pilgrim, 6:30pm in theater
Music Association Meeting, 7:00pm, Room 123
- 11 Staff In-Service, delayed opening (students report @ 10:15am)
8th grade Parent Night, 7pm in theater
- 17 National Honor Society Induction, 7:00 p.m., Theater
- 19 Parent Advisory Meeting, 9:30 a.m., Room 114
- 24 NJ Blood Services Drive, 7:30 am—3:30 pm. Main Gym
Teen Pep Family Night, 6:00 pm, Café B
- 25 Friendship Day
Thanksgiving Recess, 11:55 am dismissal
- 26-27 Thanksgiving Recess
- 30 Booster Club Senior Scholarship Voting for Fall Sports Begins

Principal's Newsletter



Volume 7, Issue 3

November 2015

November News



Richard A. Bergacs, Ed.D.
Principal

Celebrate American Education Week

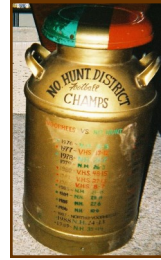
The National Education Association celebrates American Education Week during the week of November 16—20, 2015. It highlights the importance of providing every child in America with a quality public education from kindergarten through college, and the need for everyone to do his or her part in making public schools great.

We have much to celebrate during this week as North Hunterdon is fortunate to have a community that strongly supports education. Our world class faculty, staff, Board of Education, parents and community members work together to provide the best educational opportunities for our students, and for that we are very thankful.

Milk Can Football Game & Spirit Week

For the last three decades, North Hunterdon has followed in its tradition of playing football against its sister school, Voorhees High School, to win

the coveted milk can. The Annual Milk Can Game will take place on November 6 at 7:15 p.m. at Voorhees High School.



Students, don't forget to show your school spirit with Pajama Day on November 2, Dress as a Tourist or Tourist Attraction on November 3 and White Out on November 4. Juniors vs. seniors Powder Puff Game is on November 2 at 5:30pm on turf field. Pep rally will take place on November 4. Go Lions!

NHHS Concert Choir

The NHHS Concert Choir students performed in a concert with national recording artist FlintFace, a band which focuses on putting out messages of positivity, acceptance, creativity, and anti-bullying, on Saturday, October 17th at the State Theatre in Easton, PA. Students from local schools performed opening acts, and our NHHS students sang onstage with the actual band as part of the evening's main event! Great job!

Referendum Vote on November 3

Please remember to vote on November 3 as the high school district is putting forth a referendum that includes nine facility improvement and renovation projects. Projects for NHHS include transformation of library into multi-media interactive student center (see rendering on district website), new HVAC unit that will provide AC to the social studies and world language wings, replacement of stadium visitor bleachers, replacement of tennis court bleachers and interior and exterior renovations of the Lions Den Field House.

Please visit the district website, www.nhvweb.net, to learn more about the projects and how these projects will not increase the debt service tax. If you have any questions about the referendum, please contact Maren Smagala, District Communications Coordinator at msmagala@nhvweb.net. Polls are open 6:00am to 8:00pm.



Golden Lions Marching Band Highlights of Columbus Day Parade in New York City—October 12, 2015

Congratulations to the members of the “Golden Lions” Marching Band on an outstanding performance at the New York City Columbus Day Parade on October 12, 2015. The band made its 16th consecutive march up Fifth Avenue in front of a large and enthusiastic crowd! Job well done!



Pictured from left to right: band VP Nick LaBelle and Drum Major Celine LaBelle



Pictured left to right: Drum Majors—Evan Rys and Celine LaBelle



Departmental Students of the Month—October

Good Job!

Congratulations to the following students!

English Elizabeth Fink '17 and Elliot Schneider '17

Fine Arts Olivia Fitzpatrick '16 and Frederick Darcy '16

Mathematics Theodora Mavros '16 and Jacob Lione '17

Music Gianna Porfano '16 and Jake Zalewski '16

PE & Health Meghan Klisch '18 and Luke Wain '18

Practical Arts Skyler Ferrand '17 and Kyle Bower '16

Science Juliana Gonzalez-Rivas '19 and Jack Murry '19

Social Studies Abigail Johnson '16 and Tyler Lardieri '16

World Language Celine LaBelle '16 and Jonah Lione '19

Good Citizen Students of the Month—October



As a part of our discipline policy, each department nominates one male and female student each month for being a good citizen. These students reflect one or more of the following characteristics: **caring, citizenship, fairness, respect, responsibility and trustworthiness**. Congratulations to the following students!

English Sarah Gluckman '17 and

Andrew Plinio '17

Fine Arts Haley Wright '17 and Richard Bruton '17

Mathematics Annika Gustafsson '17 and Tyler Ainsworth '18

Music Julianne Grillo '16 and Ryan Garvey '16

PE & Health Annika Gustafsson '17 and Andrew Ferrante '18

Practical Arts Lauren Sullivan '19 and Steven Polaski '19

Science Danielle Kirk '19 and Thomas Cerra '19

Social Studies Gianna Porfano '16 and Emil Alummootil '16

World Language Kathleen Hoban '18 and Liam Smeraglia '19

October Students of the Month



Kathleen Menezes '16 has been actively involved in many extra-curricular activities at North. She is currently involved in National Honor Society, Math Honor Society, Model United Nations, German Honor Society, Interact, Girl Up, is an officer in National Art Honor Society, and was involved in Teen PEP her junior year. Outside her extra-curricular activities,

Kathleen has been involved with classical ballet for 13 years, she teaches toddler ballet lessons and works with children at the Hunterdon County YMCA, is an avid art museum visitor, loves to create art of her own, and is involved in various community service activities. Her favorite class at North was AP Biology her junior year. She has always had an affinity for the sciences, and AP Bio was a fun and challenging way to get to understand how our world works, with a focus on the wonders of life. Two other classes Kathleen enjoyed were AP World History and AP Language. AP History was a close second because Mr. Yocum is the bomb. A shout out to Ms. Carr for being Kathleen's feminist icon and helping her learn to articulate passion. Some of Kathleen's favorite memories at North were from Teen PEP, Mr. Mazzella's Honors Freshman Physics class, and visiting the UN Headquarters in New York with Model UN. Kathleen hopes to be at Tufts University will she will be majoring in Biological Sciences, on a Pre-Med track, and minor in Women's Studies.



Emil Alummootil has been president of the Class of 2016 for the past three years. In addition, he is also President of Model UN and has served as a Youth Secretariat for the YMCA MUN Conference. Emil has also participated in Youth and Government since sophomore year where he serves as the Youth Commissioner for the Environment and

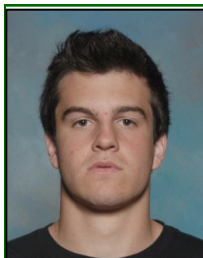
was one of the chosen delegates to represent the state at the Conference on National Affairs in North Carolina. He has also been a Teen PEP educator and ran on the JV Cross Country team his first two years at North. Emil has been playing the violin for over 10 years and loves volunteering on behalf of the Hunterdon County YMCA every year. He was awarded the Ralph Muzzey, Youth Leadership Award for fundraising over \$1,000 on behalf of the YMCA's Annual Campaign that helps underprivileged families within our community. This past summer, Emil represented North at the American Legion's Boys State Program, mocking the levels of government within the state. His favorite class at North has been Ms. Carr's AP English Language course, where he was challenged every day. Ms. Carr challenged him to become a better thinker, and then guided him into becoming a more proficient writer. Emil's favorite memories at North have been enjoying watching every substitute struggle with roll call after seeing my name at the top of the attendance list. Emil is hoping to major in Political Science and minor in either English or Economics.

Student Athletes of the Month—October



Amanda Ferrante, NHHS Senior has been playing tennis since she was eleven years old. Amanda plays on the second doubles team where her team won second place for second doubles in the county tournament. Her strongest skill is her ability to make quick decisions on the court. She is very determined, hard-working, and is able to channel that mentality into her playing.

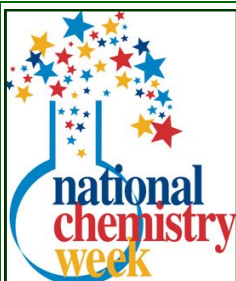
Amanda played in the Junior Tour at Courtside Racquet Club, which was a series of weekly small tournaments for all the local kids. She has also been a representative for Courtside on their 18 and under and 14 and under teams. She currently teaches kids how to play tennis at Courtside Racquet Club. Outside of tennis, Amanda is involved in National Honor Society, English Honor Society, Math Honor Society, and Spanish Honor Society. She is enrolled in Interact and Able, serving on the Executive Board and Core Committee for Relay for Life. In previous years, she was involved with Teen PEP, played in concert band, and played freshman softball at North. Amanda loves to travel, volunteer her time, and play piano, guitar, and trumpet. Next year, she will be focusing on her studies in biomedical engineering.



Running Back **Rob Marron** has been playing on the varsity football team for North Hunterdon for the past three years. Rushing, Rob has had 146 carries for 742 yards with 7 touchdowns and receiving, Rob has had 7 catches for 92 yards. Rob's strongest skills are his ability to lead and perform under pressure and producing at a high level when the teams

needs it the most. This year, he was named NJ Player of the Week for five weeks after he rushed 273 yards for 4 touchdowns. Rob has been playing football since he was five years old and Lacrosse since he was in 2nd grade. He is also a member of Interact and Able. Rob currently holds three school records for football at North. He holds the longest kick return for a touchdown with 100 yards, the longest punt return for a touchdown with 76 yards, and the longest interception return for a touchdown with 75 yards. He was also selected as an Underclass Under Armour All-American. Next year, Rob is planning on playing Lacrosse at Rutgers University.

National Chemistry Week—October 19-24, 2015



The Science Department celebrated National Chemistry Week with the following fun facts.

Monday's Chemistry Week fun fact: Grass is green due to chlorophyll which absorbs all the colors that hit it except green. Green light bounces back and that is what we see.

Tuesday's Fun Fact: The colors in fireworks are produced as metals burn, the electrons are excited and then return to their resting state releasing light energy. Iron produces gold, magnesium produces white, strontium produces red, and there are many more.

Wednesday's Fun Fact is: What do Dr. Wilhelm, Margaret Thatcher and Pope Francis have in common? They are all Chemists that worked with food.

Thursday's Fun Fact: Intense red, called carmine, dyes come from crushed female cochineal insects.

Happy Mole Day!!!! This year's theme is: "May the MOLES Be With You." Friday's Chemistry Week Fun Fact: One mole of paper would make a stack that would reach to the moon more than 80 billion times.

Congratulations Vince Angeline!



On Friday, October 16, the first Marching Band Alumni night was held and organized by Vince Angeline to commemorate his 25 years as marching band director. A reception was held prior to the game. Then the alumni lined up and played with the current band during half time. At that time, Vince was presented with an auto-graphed framed picture with all the alumni's signa-

tures for his 25 years of service.

It was a great night and we appreciate all of Vince's contributions to North Hunterdon High School's music program.

State Police Visit—October 6, 2015

On October 6, 2015, the students in Mr. Tim Flynn's Crime and Justice classes were treated to a visit by the New Jersey State Police T.E.A.M.S. unit. Part of the team had a dramatic entrance, fast roping from a helicopter to the soccer field in full tactical gear. Trooper Craig Kempinski reviewed with students the training necessary to become a TEAMS member. Trooper Santos reviewed the diving gear that is used while Trooper Trogani reviewed the weapons and other tactical gear that is on their vehicle at all times. Students asked a lot of questions and had the opportunity to inspect the gear and vehicle. Thank you to the State Police for visiting and sharing information with our students!



Advanced Placement Information



The Advanced Placement Information Night will take place on Wednesday, December 9 at 7:00 p.m. in Cafeteria B. All students and their parents are invited!

2014-2015 Highlights

- 631 students enrolled, 557 tested, 88% participation
- 1,475 course selections, 1,262 tests, 86% participation
- 76.5% of scores 3 or higher
- 19 National AP Scholars
- 93 AP Scholars with Distinction
- 31 AP Scholars with Honor
- 68 AP Scholars
- 19 courses accepted into Seton Hall's Project Acceleration/RVCC
- 145 students, 209 course selections
- 687 credits awarded

2015-2016 Status

594 students enrolled
1,210 course selections

National Honor Society



The National Honor Society will have its Fall Induction on Tuesday, November 17 at 7:00 p.m. in the Theatre.

The **National Honor Society (NHS)** is one of the oldest and largest recognition programs for high school students in grades 10-12 in the United States of America. NHS honors those students who have demonstrated excellence in the areas of scholarship, leadership, service, and character. The National Honor Society was founded in 1921 by the National Association of Secondary School Principals.

The names of the current National Honor Society members and the new inductees will be published in December's newsletter.

Patriotic Youth Club



In honor of Veterans Day, the Patriotic Youth Club will sponsor Jeans for Troops Day again this year! By donating to this cause, participating North employees can

wear jeans to school on November 12, 2015. Last year, the club collected \$700 with the proceeds benefiting the GI Go Fund! Their goal this year is to collect \$1,000.

Homecoming Court 2015



The Homecoming Court was nominated by all members of the Senior class.

Bottom row: Evan Rys

Middle row from left to right: Josh Obidike, Jasmine Perez, Jenna Ferreira, Nick Nelson

Top row from left to right: Jake Pepe, Samantha Santamaria, Ava Lockner, Rebecca Canright and Will Kubas

The entire student body voted for King and Queen of the Homecoming Court.

King and Queen nominees were introduced, along with their parents, at halftime during the football game on October 9.

Congratulations to Jake Pepe and Jasmine Perez for being named King and Queen!

Homecoming—October 10, 2015



Week of Respect—October 6-10 and School Violence Awareness Week—October 19-23, 2015

In accordance with the Anti-Bullying Bill of Rights Act, the first week of October was classified as the “Week of Respect.” The third week in October was designated as “School Violence Awareness Week”. These weeks were designed to ensure that all students in our school would receive age appropriate instruction on respecting themselves and others. The theme of respect is instrumental in reducing incidences of bullying and helping students to feel comfortable in our school. North Hunterdon High School observed both weeks in all departments with the following activities:

- Green Dot trainings took place with a group of freshman. They created posters to hang in the building with concepts related to bystander intervention.
- In the Practical Arts department, all classes worked on creating a project (such as websites, pamphlets, etc.) that focused on respect in the school and the relationship between respect and violence.
- In all levels of the World Language classes the students engaged in extensive discussions on respecting culture, differences, language, etc. They provided the students with vocabulary in their respective languages that relate to respect.
- Teachers of sophomores who currently teach *The Catcher in the Rye* discussed themes related to respect: Coming of Age and Power Struggles both between characters and internally
- Teachers of seniors who teach *As I Lay Dying* discussed the respect-related theme of Family Dysfunction and how it relates to identity, risk-taking, and impulsivity.
- Science classes focused on respecting our school and environment.
- The Math department focused on respecting those around us in the classroom, at extracurricular activities, and the community.
- The Social Studies department focused on respecting society and how showing respect translates to lower incidences of bullying and harassment. Numerous class activities highlighted how respect, stereotyping and HIB have impacted the world.
- The Friends of Rachel club posted “chain reaction links” around the school with messages of respect from Rachel Scott.

International Thespian Society Inductees

The following North Hunterdon students were inducted into the International Thespian Society (ITS): Rebecca Barter '17, Audrey Chester '16, Fred Darcy '16, Emily Decker '18, Jeremy Decker '16, Laura Del Piano '18, Samantha Dolloff '18, Leah Gaidos '18, Julianne Grillo '16, Annika Gustafsson '17, Skyler Hamilton '17, Rebecca Jones '16, Nicholas LaBelle '17, Caitlin Meyer '18, Kelly Shea '17, Julian Calv '17, Anna Carosi '16, Jahel Gomes '17, Lauren Medina '17, Samuel Szych '17, Adriana Burton '16, Cameron Calv '16, Hannah Ferenci '16, Gianna Porfano '16 and Luke Zengel '16.

In addition to the honor of induction, which represents at least one-hundred hours of quality work in theater, the society recognizes students for work beyond the initial requirement as well as for achievement in general academic course work. Congratulations North Thespians!

NHV Special Education Parent Advisory Committee -SEPAC

On Wednesday, September 30th, we held our first 2015-2016 meeting of the NHV Special Education Parent Advisory Committee, SEPAC, in the North Hunterdon Cafeteria at 5:00. Prior to the meeting, parents were notified via an email blasts announcing the event and which included a parental survey. The evening's theme encompassed supports for a post-secondary environment. There was a presentation by Dana Giroux, Admissions Counselor for Centenary College. Ms. Giroux afforded the audience an opportunity to reflect on current secondary practices and how to support students within both secondary and post-secondary environments. Our next SEPAC meeting will be held Thursday, December 3rd at 7:00 in the district's administration building.

If a parent would like additional information, please have them contact either their child's case manager or Mary Pat Publicover via email: mpublicover@nhvweb.net or via phone at (908)713-4169.

Student Council Update



On October 13 students leaders, including those from student council, attended the NJ Association of Student Council's annual fall leadership conference at The College of New Jersey. Students heard from motivational and inspiring speakers in this leadership forum. The students are even more so top make a difference in the lives of others. Look for some more positive signs within the school! You will notice in the next year!

The NHHS Student Council is hosting two food drives, the first one was held on Friday Oct 30, at the Senior Night Football game, The second is our annual holiday drive with Key Club to help local families in need. Students can drop off non-perishable food items to their homeroom starting Monday, November 9 and ending Friday, November 13. The homeroom with the most donations will win a bagel breakfast.

For the third year in a row teachers are participating in No Shave November! Just walk down the hallways to see who is getting fuzzier as the month goes on. This fundraiser is to promote awareness of men's cancers. Thanks to all the staff who are participating once again!

On Wednesday, October 11, all students enrolled in health this semester will have the opportunity to hear a guest speaker from Hope Loves Company. The mission of Hope Loves Company is to provide emotional and educational support to children and young adults who have family members battling ALS.

Freshmen class officer elections are being held on 11/16 and 11/17 with campaigning starting the week prior. Winners will be announced next month.

Blood Drive

 **New York** Blood Center



Did you know that by donating blood and giving the "Gift of Life" you can help save three lives? During this holiday period, blood donors are needed more than ever.

North Hunterdon High School is hosting a blood drive on Tuesday, November 24, 2015 in the main gym from 7:30 a.m. to 3:30 p.m. All students must have a signed permission form before donating blood. With parental permission, sixteen year olds can donate. Click [here](#) to access the letter. In addition to filling out the permission form, 16 year olds must also fill out the New Jersey Blood Services permission form. Click [here](#) to access the 16 yr. permission form.

Important reminders:

All donors should drink plenty of water and eat regular meals on donation day.

All donors must show some official form of identification, such as a picture ID or driver's license.

Guidance Update



Please click [here](#) to read the latest updates from the Guidance Office.

News from the Health Office

All Freshmen (Class of 2019) physicals need to be in the Health Office by 11/15/15 as per New Jersey state law requiring all incoming freshmen to have a physical on file. There are no exceptions.

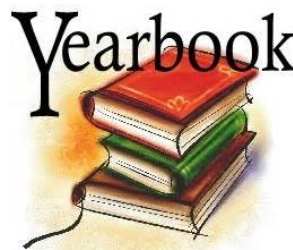
Please consider having your child get the flu vaccine this year. It is the most effective way to prevent the spread of the flu virus.

Reminder, your child must be fever-free for 24 hours without medication before returning to school after having a fever as per school policy.

Reminder to all athletes (intramurals and team sports), all physicals must be into the Health Office at least one week prior to tryouts so the school physician can clear you. The earlier the paperwork received the faster you will be cleared.

If you have any questions please feel free to contact us.

2016 Regis Yearbook



Preorders of the 2016 Regis yearbook are on sale now! This year we feature the theme "It Clicks." This year there are a number of new features that include an interactive book! This means more images will be available and even video! Order your yearbook today to guarantee a copy is

waiting for you at the end of the year (extra copies will be limited). Order your yearbook before **October 23** and save \$5 off your order. The general order deadline is **November 13, 2015**. [Click here](#) to visit the Regis Yearbook order page.

Senior parents: You are able to create and customize the layout, pictures, and NOW video along with your baby ad of your senior son or daughter. The senior ads for the yearbook are due by **November 13, 2015**. This is an excellent opportunity to express your love and how proud you are to your graduating senior. [Click here](#) to visit the Senior Ad order page.

All this information is posted on the yearbook website: www.nhvweb.net/nhhs/yearbook If you have any questions please contact Yearbook Advisor, Lauren Mallia (lmallia@nhvweb.net).



NORTH HUNTERDON HIGH SCHOOL EDUCATION FOUNDATION



Second Annual Running of the Lions 5K Run/Walk

The NHEF would like to thank the 350 runners and walkers, as well as the volunteers, who came out to make the 2nd Annual Running of the Lions on October 11th a huge success. **Thank you** to all the individual and corporate sponsors who continue to support the NHEF. This year's race raised approximately \$8,000 that will be used to fund innovative and educational programs for the students of NHHS.

Parent Chats on Career and College Topics

The NHEF has held two Parent Chats, the first on September 30th and the second on October 28th. The chats are designed to help parents gain insight into how the college application process works. The panel at each session included an admissions officer from Lafayette College and several "seasoned" parents who have been through the college application process – be it at a large public institution or a smaller liberal arts college, as well as schools whose programs require auditions. The group was also joined by the Director of Guidance, Mike Squarcia.

The topic of "Staying Organized and Sane while Navigating the Application Process" was the focus of both sessions. The atmosphere of the chats was relaxed and the conversation was lively. Parents were encouraged to ask any questions they had about the application process and were also encouraged to share their own experiences and knowledge with the group. The feedback was extremely positive and parents found the sessions extremely helpful. Parents have commented that they are thrilled to have these "chat sessions" to help them through what can be a very stressful time in their college-bound senior's life.

Please stay tuned to your emails from Maren Smagala and to the NHEF website for the next chat session to be held later in the month.

Update on College Admissions Officer Visits

NHEF has been proud to bring college admissions officers to North! The foundation worked hard to coordinate all of the visits this fall and student participation has been excellent. By the end of November, we will have had approximately 40 colleges visit our school! We hope that the students who took advantage of these appointments were able to have all their questions answered and were able to also gain better insight into those colleges.

Here is a list of the colleges who will be here in November: ** Please log into your Naviance account to sign up.

University of Pittsburgh

New Jersey Institute of Technology

Lehigh University

Susquehanna University

Rowan University

University of Rhode Island

Shippensburg University of Pennsylvania



PARENT
TEACHER
STUDENT
ASSOCIATION

PTSA

Thank you to everyone who volunteered at the PTSA Pasta Dinner on Friday, October 9! The event was a success despite the rain and we are grateful to all of the restaurants who donated food for our sumptuous pasta feast! Click [here](#) to view our sponsor listing.

The Holidays are just around the corner so why not take advantage of our ongoing Amazon School Rewards Fundraiser. You can support PTSA while shopping for everyone on your list! Click the link for more information or to shop [Amazon](#).

We are always welcoming new members to PTSA. Please come join us out at our next meeting: Monday, November 2nd at 7pm in Café B. If you would like more information or fill out a membership form, [click](#) the link.

Upcoming PTSA events:

Battle of the Bands: January 29, 2016

Staff Appreciation Breakfast: February 26, 2016

Booster Club



Thank you to all the families that have supported the Booster Club by joining, volunteering their time and purchasing our spirit wear through Sneakers Plus. Our online store will

be open all year. We can be contacted at nhhsbc@gmail.com

Thank you to the families that donated supplies, food, drinks and their time for our Coach Appreciation Breakfast on Friday, October 16! It was a huge success!

The Milk Can Game is Friday, November 6 @ Voorhees High School. GO NORTH!!!!!!

Music Association



It's almost Thanksgiving and **the NHMA is thankful** for the opportunities available to our choral and instrumental students, for the support given by our faculty and administration, and for the helping hands of our wonderful volunteers.

Consider being a part of our team. Click [HERE](#) to join. Stay connected to what's happening with our music students.

Thank you to all who supported our raffle at the football game on October 16 and to all who came to Singley Field that night to celebrate the marching band and to honor Mr. Angeline's 25 years as band director. It was a special night. Hope you were in the stands.

Marching Band Banquet - Wednesday, December 2

Marching band families please join us as we recognize the band's achievements. For information, contact Michelle Smith at MichelleLSmith123@hotmail.com.

Applebee's Flapjack Fundraiser - Saturday, December 19

Save the date! This holiday tradition is back. More info to come.

Next meeting: Tuesday, November 10 at 7:00 PM in the choir room.

Website: <http://www.nhvweb.net/nhhs/musicassociation>

E-mail: nhmusicassociation@gmail.com

