

**NORTH HUNTERDON HIGH SCHOOL**  
**SPRING SPORTS PRACTICE & FALL CHEERLEADING TRYOUT INFORMATION 2009-2010 SCHOOL YEAR**

**PLEASE NOTE:** FAMILY VACATIONS SHOULD NOT BE PLANNED FOR AFTER MARCH 5th. MISSING PRACTICE AND TRYOUTS WILL JEOPARDIZE YOUR CHILD’S CHANCES OF MAKING A TEAM. THERE WILL BE NO TRY-OUT DATES AFTER THE INITIAL TRYOUT DATES.

- If you have questions regarding the process, please feel free to address those questions directly to the head coach. Please email the coach to make an appointment outside of practice or game time. If a parent or student has a concern, it is important to follow the chain of command with the Coach, Head Coach, Athletic Director, Assistant Principal and Principal respectively.
- Physicals <http://www.nhvweb.net/nhhs/FormsPage.htm>
- Please refer to the <http://www.nhvweb.net/nhhs/docs/2007/Athletic%20philiosphy%20letter%20to%20parents.pdf>
- Please refer to the <http://www.nhvweb.net/NHHS/Athletics/Lions%20Athletic%20Philosophy%20Q%20&%20A.htm>

Most coaches can be reached at the coach’s name @ nhvweb.net or contact the Athletic Department at 908-713-4152. (Example Robert Donnelly is [rdonnelly@nhvweb.net](mailto:rdonnelly@nhvweb.net) other coach’s e-mails are listed.

<b>SPORT</b>	<b>COACH</b>	<b>STARTING DATE</b>	<b>TIME/LOCATION</b>	<b>STUDENT COACHES MEETING</b>
Baseball	Parker Snare	March 5, 6, 7, 8	3:10pm till 5:15pm on weekdays. 10-1pm Sat. 3:00-5:00pm – Freshmen – Main Gym	Thurs. January 28th – Room 135 All Levels
Softball	Jeff Steele	March 5, at 3:15	3:10pm – Girls gym or the softball fields, weather permitting for all levels	Thursday, February 4 at 2:30 in room 155 for all levels
Girl’s Lacrosse	Amy Dalgewicz	March 5 <sup>th</sup>	5:00-7:00pm – Main Gym 4:30-5:45pm – Freshmen – Boys Gym	Wednesday, Jan 27th at 2:30 in room 122
Boy’s Lacrosse	Rob Donnelly	March 5 <sup>th</sup>	5:45-7:00pm – Freshmen – Boys Gym 5:00-7:00pm – Singley Field	Monday, February 1st in Room 135 for All returning players and Wednesday February 3rd for all Freshman 2:30 will be the time for both meetings.
Boys’ Tennis	Gerry Dodge	March 8 <sup>th</sup>	3:10pm – Track	Feb. 11th in room 207 at 2:30
Golf	Kirk Hissner	March 5 <sup>th</sup>	6:00-8:00pm – Girls Gym Inclement weather – Main gym 7-9pm	February 1 <sup>st</sup> at 2:30 in room 135
Boys’ Track	Charles Heidecker	March 8 <sup>th</sup>	3:10pm – in room 015	Wednesday, January 27 in Room 015 at 2:30 PM.
Girls’ Track	Sean Walsh	March 5 <sup>th</sup>	3:15pm – Track	February 1st at 2:35 in Room S-150
Fall Cheerleading	Laura Guida	May 3rd	6-8pm – Boys Gym	April 5 <sup>th</sup> at 6:pm in Room 125

**DIRECTOR OF ATHLETICS – JOHN DEUTSCH**  
**TRAINERS – BILL JEHL & KAREN KORBUL**  
**SCHOOL NURSES –CATHY FUMOSA & GLORIA CAPUTO-KORMAN**  
**DIRECTOR OF STUDENT ACTIVITIES – TARA KRAATZ**