

2022-2023

NORTH
HUNTERDON
HIGH SCHOOL
ATHLETIC
HALL OF FAME
INDUCTIONS



NOVEMBER 11, 2023



THE ATHLETES



BRIAN HARRIS '92

4-year varsity cross-country

4-year varsity track

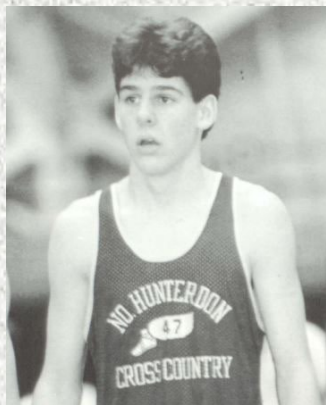
Super-great relay runner for
record-setting and national
championship teams

Record-setter and Meet of
Champions high place runs,
indoor track

Teams MVP

Ultimate “team player”





When asked why X-Country is the best time of his life, Senior Brian Harris said, "It wasn't just a team. We were more of a close knit group. I enjoyed it because I didn't just consider these guys my friends, but a little family."



BRAD PATKOCHIS '93



All-Conference

All-State

AP All-American

Top lineman— on
offense and defense

Team MVP

ACC/Big East Honor
Student



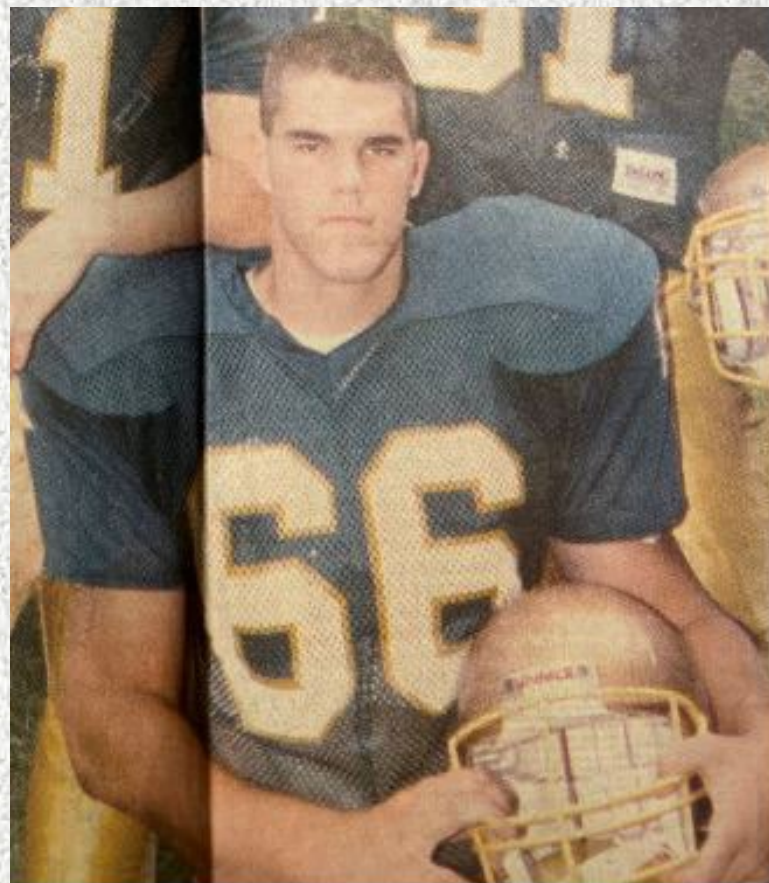
BRAD PATKOCHIS

North Hunterdon

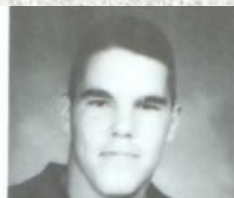
Grade: 12

Postion: Offensive line

Size: 6-6, 255



"After the Warren Hills game we knew we could compete. We never thought of giving up and it paid off."
— Brad Patkochis



FIRST TEAM

NAME	TEAM
Rameek Wright	Scotch Plains-Fanwood
Ray Thompson	Bound Brook
Eric Tomczak	North Hunterdon
Ben Walker	Plainfield
Tom Bajak	Immaculata
Chris Cebula	Manville
Chris Hill	Bishop Ahr
Sek Milich	Somerville
Brad Patkochis	North Hunterdon

KAREN TIMKO '95

4-year varsity field
hockey—twice MVP

All-Conference

All-State

3-year varsity basketball

Senior MVP

4-year varsity softball



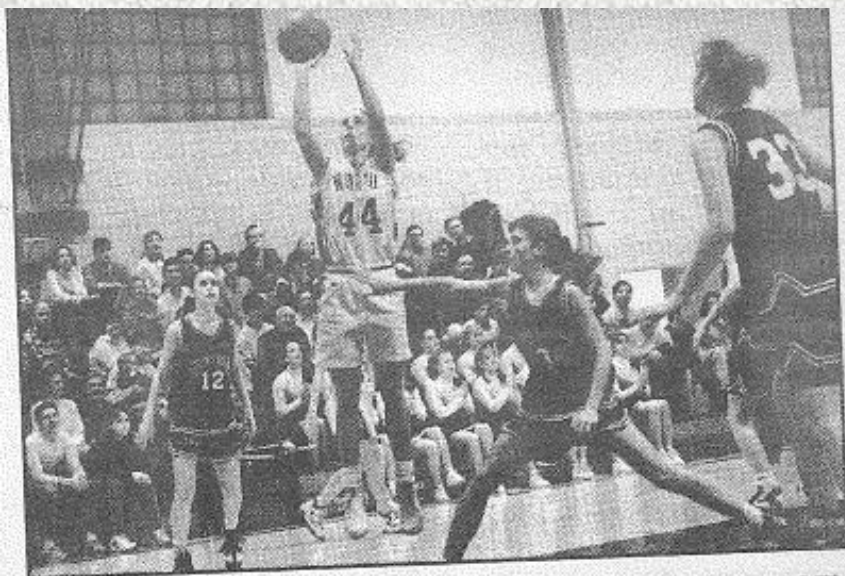


photo by Mike Tosco

Timko leads Lady Lions into state tournament.



AMANDA TEWKSBURY '06



4 years varsity basketball

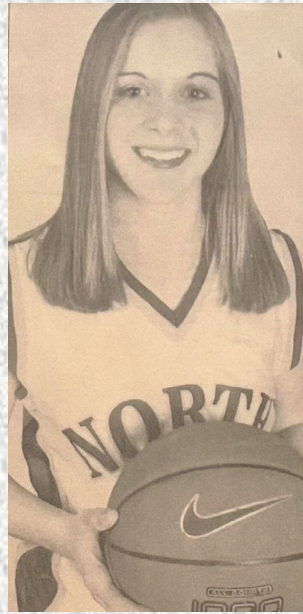
3X All Conference Team

Express-Times First Team

CourierNews Player of the Year

1105 career points

“Team comes 1st” player



TYLER TOMPKINS '08

3X Conference & *Express-Times* first teams

CourierNews All-Star Team

Express Player of the Year

2nd in NH scoring all time—
56 goals, 29 assists

2X NJ Soccer Coaches

All-Star team





STEPHANIE REINER '09



Elite gymnast

4-year varsity cheerleader in both fall and winter seasons

All-State Cheer & Dance

Key in National champs team

4th place in *National* tumbling

Team MVP in senior year

2X All-Conference



"This year our team was really focused, determined, and strong. During the year we not only bonded as a team, but as a family through all the practices, work outs, and hard work we put in. We had a great season. Do work!"
 - Captain Stephanie Reiner, 12



TED DELIA '09

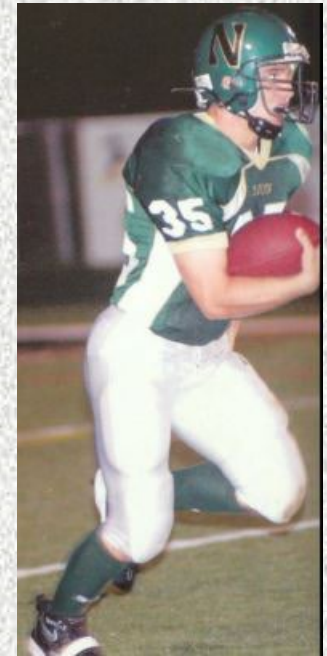
Record-setting football star

Career totals—4314 yards rushing, 4026 all-purpose yards, 39 td's

Season— 16 td's, 6 in one game, 1688 rushing yards, 2034 all-purpose yards

Conference, *Express* 1st team
Lion MVP twice





JOHN HAVAY '10



4 years varsity golf

3 years Conference first team

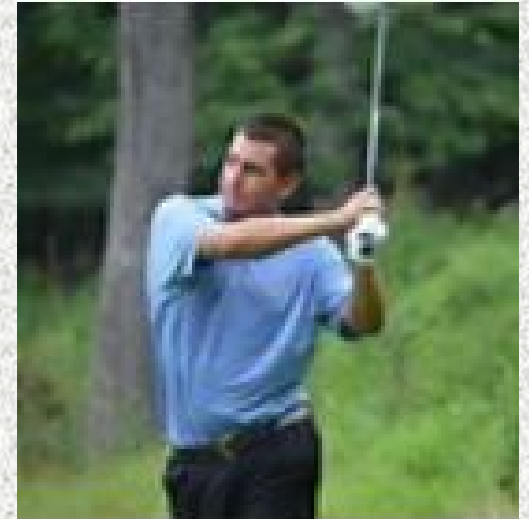
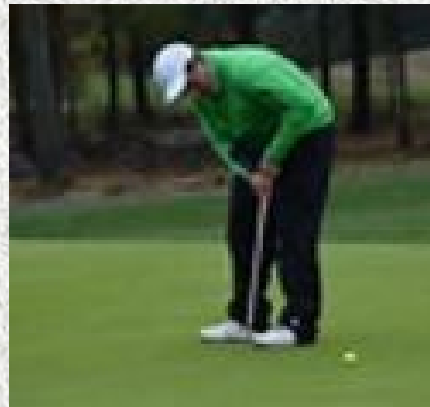
3 years *Express* All Area 1st team

Won 4 tournaments senior year

All-State first team

Courier-News All-Area 1st team

Twice Led team to 2nd in Group



Havay shoots 3-under 69; wins medal in Amateur Qualifying at NJ National

BRENDAN CUSACK '11

Unique fencing style

3-time State foil placewinner

in 3 years— Champ as Sr.

4 times All-State first team

Fencer of the Year as senior

International fencer as *frosh*

Irish Open champion!





"My moment of glory will be trying to make First team All-State for the fourth year in a row."

Brendan Cusack, 12



Brendan Cusack, here going airborne to elude an opponent, will b



JESSICA PELLECHIO '12



4 years varsity basketball

100+ 3-point goals, in 1st 2 years—

Career record 279 3-point shots

1,000+ points in 1st 3 years

Perennial team & tourneys MVP, Player of the Year

Many All-Star first team awards

1528 career points— NH #2-best

Record 279 3-point shots

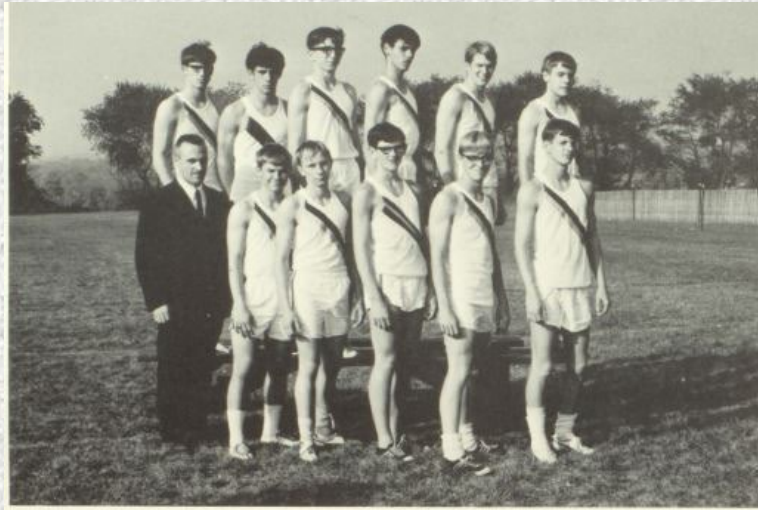
McDonalds All-American



THE TEAMS



1968 BOYS CROSS COUNTRY



VARSITY SQUAD: FRONT: Coach Isham, David Voorhees, Paul Pikna, Tom Dominko, Gary Stout, Bill Thorne. BACK: Jim Snyder, Bob Polhemus, Joe Lomerson, David Shisham, Walter Clark, Bill Wittenberg.

First NH undefeated boys varsity team, any sport

Beat Central Jersey teams from far and wide

Dual meet record 14-0

Delaware River Conference champions

Group III Sectional champions— another school first-time victory

Inspired junior varsity and freshman teams to win Conference titles



Fasanello clocks his men.

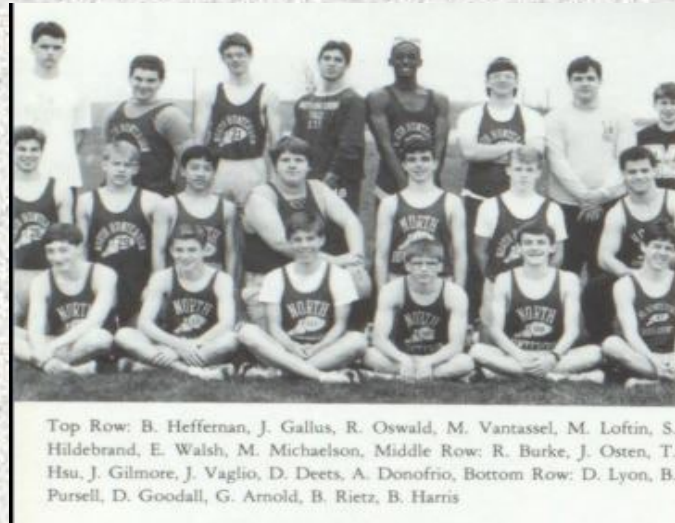




Victory is sweet.



1991 BOYS TRACK AND FIELD



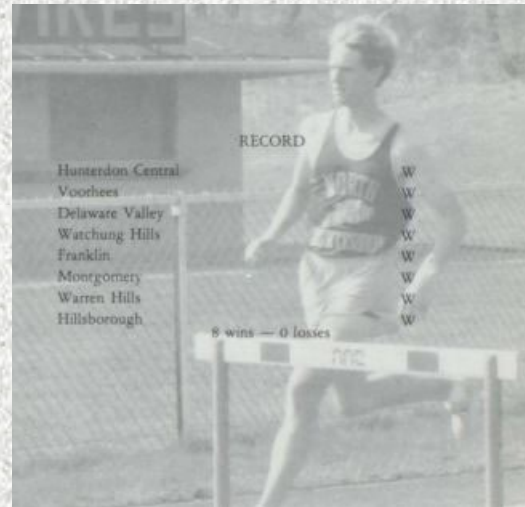
Undefeated 8-0 in dual meets

Championships-- Ridgewood Relays, Skylands Relays and Division and Conference, Central Jersey Sectionals-- + 2nd in Group III

NH 4 X 800 meter relay record 7:48.26 (Heffernan, Harris, Redmond, Hoh) still stands—

...as do Mike Loftin's 6-10 high jump and 14.4 high hurdles time





1992 BOYS TRACK AND FIELD



Varsity

Front row: M. Michaelson, L. Oliva, J. Rowlands, J. Feldman, J. Vaglio, M. Giunta, R. Hain. Middle row: C. Van Tassel, P. Arnold, J. McMahon, G. Arnold, D. Deets, M. Space, S. Lang, J. Osten, J. Tegeder, J. Jepsen. Back row: T. Andrescci, R. Henry, B. Reitz, B. Miller, R. Oswald, S. Hildebrand, J. Gallus, B. Heffernan, P. Redmond, B. Harris, C. Hoh, J. Graber.
Coach: O'Rourke

Distance Medley Relay team (Brian Harris, Rocco Ferraro, Pat Redmond, Brendan Heffernan) won National Championship in still-NH record 10:10.51

East Coast Relays— the 4 X 1600 relay squad (Dave Lyon, Pat Dolan, Brian Harris, Brendan Heffernan) won in 17:40.4—fastest time in the USA in 1992—and still the school record

State champs— Pat Redmond, 400 hurdles in new school record time 53.74

Brendan Heffernan, 1600 and 3200 runs

Team—second place among 40 teams in the State meet

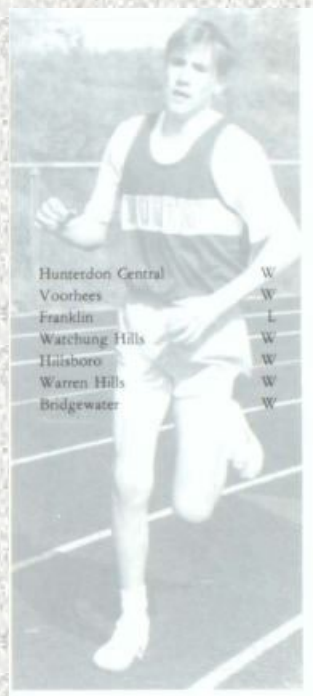


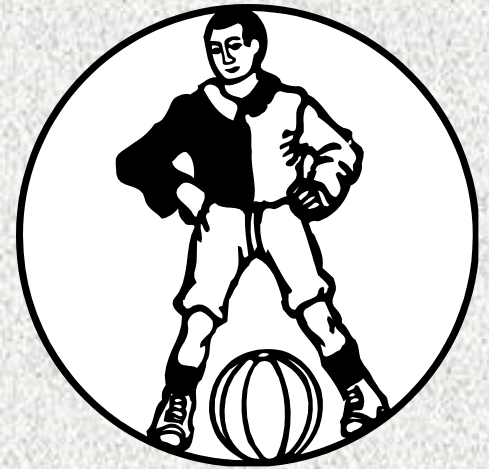
Air Jordan cometh in the presence of Dan Deets.



Bob Oswald clears the hurdle with ease in the 400 intermediate







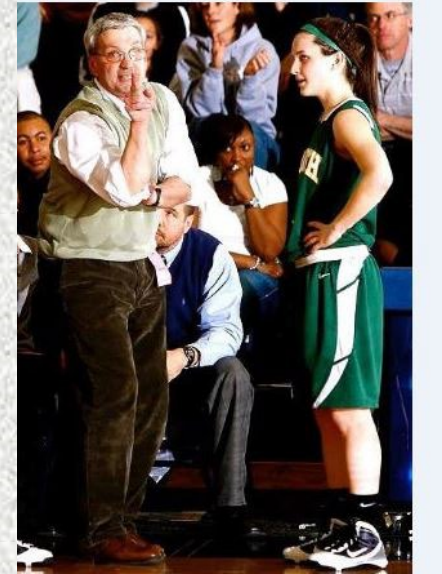
THE COACHES



COACH THOMAS HANK

10x varsity in high school
All-State second baseman
4 years Villanova varsity
357 wins, girls basketball:
 3 Sectional championships
 2010 **State** champion
Many county & conference titles
3x *Express-Times* Coach of Year
2010 **State** Coach of the Year





CONTRIBUTORS

LOYAL FANS

AND

HELPERS

JILL ROBINSON PRACOPCYK '76



An excellent Lion athlete

1st Team DRC softball

Volunteer in Booster clubs for girls

basketball, softball, lacrosse, cheer

Key founder of “umbrella” Booster Club

to fund **many** projects for NHHS and

scholarships, charitable donations

“Founder” of Dave the Rave Birthday Bash

A Boon to North Hunterdon High School!

Wearer of many hats...

The NHHS Booster Club had another successful year! ☺



- Raised in excess of \$30,000 as a Booster Club
- Total fundraising including the umbrella clubs over \$50,000.
- Giving out scholarships to 28 Varsity Sports plus 2 for Most Spirited
- Senior Athletic Banquet
- Coaches' Breakfast
- Fan of the Game Prizes
- Custodian's Lunch and Gifts in December
- Dave the Rave's 65th Birthday Party-- Raised \$500 for Hunterdon County Special Olympics. Handed out 300 cupcakes to the crowd.
- Provided food for athletes and schools for Sportsmanship
- Presented Timmy Zaugg with a Varsity Jacket.
- Goal to Purchase a new scoreboard for Singley Field
- Provided paint for the visitors bleacher area on Singley Field
- Working with several new umbrella clubs.
- Developing New Umbrella Clubs

Jill Prakopcyk
NHHS Booster
Club President
2010 – Present
Welcome



President

NHHS Booster Club Annual Community Service to North Hunterdon HS ! ☺



- Raised nearly \$30,000 as a Booster Club
- Total fundraising including the umbrella clubs over \$50,000.
- Giving out scholarships to 29 Varsity Sports plus 2 for Most Spirited
- Senior Athletic Banquet
- Coaches' Breakfast
- Fan of the Game Prizes
- Custodian's Lunch and Gifts in December
- Dave the Rave's 66th Birthday Party. Handed out 600 cupcakes to the crowd.
- Dave the Rave's 65th Birthday Party-- Raised \$500 for Hunterdon County Special Olympics. Handed out 300 cupcakes to the crowd.
- Provided food for athletes and schools for Sportsmanship
- Presented Neil Piccone Special Olympics donation.
- Worked on the Lion Pride Field of Dreams Project
- Working with several new umbrella clubs and developing New Umbrella Clubs.
- Raised \$50,00 to purchase a new scoreboard for Singley Field.

Jill Prakopcyk
NHHS Booster
Club President
2010 – Present
Welcome



Dave the Rave Birthday Party- Other Highlights:

- 600 cupcakes donated by BC members
- Sheet Cake donated by Shop Rite

Opponent	N.O.
Belvidere	18- 9
Bridgewater West	7-12
Ridge	21- 2
Warren Hills	20- 4
DelVal	11- 4
Warren Tech	29- 1
Central	7- 4
Belvidere	15-13
Jamesburg*	18- 2
North Warren	24- 3
Mt. Olive	9- 6
East Brunswick*	8- 3
DelVal	11- 5
Warren Hills	12-11
St. Thomas Aquinas*	11- 0
South Plainfield*	4-16
Central	12- 8

*State Games



BRIAN PLUSHANSKI '73

Main constructor of NHHS turf
field— **free of charge!**

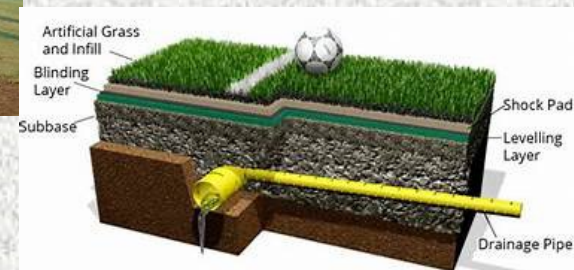
HOF member of championship
1973 baseball team

All-State soccer player—set
season scoring record

Captained Rider College team

NJ h.s. frosh saber champion







CONGRATULATIONS!

**NORTH
HUNTERDON
HIGH SCHOOL
ATHLETIC
HALL OF FAME
INDUCTEES**