2017 North Hunterdon Girl's Track & Field Camp

When: July 17th – 20th Times: 8:30AM – 12PM Where: North Hunterdon H.S. Track





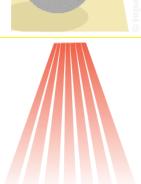
For Girls From 3rd through 9th Grade

Try all events including:

- *Pole Vault *High Jump *Javelin *Triple Jump *Relays
- *Distance *Hurdles *Long Jump *Shot put *Discus







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Learn about: *Training *Running Logs *Places to Run *Nutrition

*Running Plans *Running Shoes *Hydration *Stretching

Cost - \$120 per camper Check: Payable to NHVRHSD Mail Form To: NHHS Athletic Dept./Camp – 1445 Rt. 31 – Annandale, NJ 08801

Questions? – Contact Coach Walsh Coach Walsh – North Hunterdon H.S. Girl's Track & Field – Girl's Cross-Country <u>swalsh@nhvweb.net</u> 908-713-4199 x.4303

