## NORTH HUNTERDON HIGH SCHOOL WINTER SPORTS PRACTICE & TRYOUT INFORMATION 2015-2016 SCHOOL YEAR

**PLEASE NOTE:** FAMILY VACATIONS SHOULD NOT BE PLANNED FOR AFTER NOVEMBER 9th. MISSING PRACTICE AND TRYOUTS WILL JEOPARDIZE YOUR CHILD'S CHANCES OF MAKING A TEAM. THERE WILL BE NO TRY-OUT DATES AFTER THE INITIAL TRYOUT DATES.

- If you have questions regarding the process, please feel free to address those questions directly to the head coach. Please email the coach to make an appointment outside of practice or game time. If a parent or student has a concern, it is important to follow the chain of command with the Coach, Head Coach, Athletic Director, Assistant Principal and Principal respectively.
- Physicals <a href="http://www.nhvweb.net/nhhs/athletics/athletic-medical-forms/">http://www.nhvweb.net/nhhs/athletics/athletic-medical-forms/</a>

All coaches can be reached at the coach's name @nhvweb.net or contact the Athletic Department at 908-714-4152. (Example Tim Flynn is tflynn@nhvweb.net.

SPORT	COACH	STARTING DATE	TIME/LOCATION	STUDENT COACHES MEETING
Wrestling	Tim Flynn	11-23-15	3:10/Wrestling Room	10-22-15 / 2:30 / Wrestling Room
Girls' Basketball	Mark Franzyshen	11-23-15 – 11-25-15	Girls Monday 11-23-15- All Levels – 3:10-	All Levels – Wed. 10-1-15 – Room
			5:30p Main and Girls Gym	243 @ 2:30
Boys' Basketball	Kyle Rehrig	11-23-15 — 11-25-15	Boys Monday 11-23-15 - Freshmen Boys -	10-5-15 / 3:05 / 243
			3:10-5:30pm in the Boys Gym. V/JV Boys –	
			5:30-8:00p Main Gym	
Girls' Swimming	Lauren Handel	11-16-15	Raritan Valley Community College	10-1-15 / 2:30 / 135A
Boys' Swimming	Colleen Pirone	11-16-15	Raritan Valley Community College	10-1-15 / 2:30 / 135A
Girls' Indoor Track	Sean Walsh	12-3-15	3:15 on the Track	10-21-15 / 2:30 in room
				135B(Across from Trainers Office)
Boys' Indoor	Charles Heidecker	12-2-15	Wednesday 12-2-15 at 3:10 PM in Room 015	10-21-15 / 2:30 / Room 015
Track			dressed and ready to go outside for practice.	
Basketball	Nicole Meister	11-10-15	Girls Gym 3:10-5:00p	10-1-15 & 10-7-15 / 2:30 / Room
Cheerleading				111
Wrestling	Meeghan Smolinsky	Tryouts were May 4, 2015.		
Cheerleading		To be eligible for the Winter season Cheerleaders still need to submit medical paperwork.		
Girls' Fencing	Matt Maurella	11-30-15	3:00/Girls gym	10-14-15 / 2:30 / 154
Boys' Fencing	John Reid	11-30-15	3:00/Girls gym	10-14-15 / 2:30 / 110

DIRECTOR OF ATHLETICS – JOHN DEUTSCH
TRAINERS – BILL JEHL & KAREN KORBUL
SCHOOL NURSES – GLORIA CAPUTO-KORMAN & ALLISON, CORNYN
DIRECTOR OF STUDENT ACTIVITIES – TIM FLYNN