

North Hunterdon High School Athletic Training Office

To: The 2015 Fall Sport Coaching Staff

From: Bill Jehl and Karen Korbul

Subject: Physical, Parent Permission, and Frosh/New Student ImPACT Test Dates for 2015 Fall Sports

Date: April 30, 2015

Based upon your listed starting dates for the 2015 Fall Sport Season these are the dates required to meet the state guidelines for the physical and health history forms:

Sport	Start Date	Preparticipation Physical Evaluation History and Physical Examination Form (pages 1-5) must be dated on/after:	Health History Update Questionnaire (pages 1-2) must be dated on/after: <i>(This form must be completed only if the physical examination was not administered within 60 days of the first day of practice. Physicals prior to the date below will require completion of this form.</i>	Medical Papers Due Date	ImPACT Test Date/Time in the Media Center for frosh
Football Upperclass Frosh	8/10/15 8/13/15	8/11/14 8/14/14	6/12/15 6/15/15	7/27/15 7/27/15	8/13/15 at 10:00am
Boy's Soccer Upperclass Frosh	8/18/15 8/24/15	8/19/14 8/25/14	6/20/15 6/26/15	7/27/15 7/27/15	8/17/15 at 10:00am
Girl's Soccer All	8/17/15	8/18/14	6/19/15	7/27/15	8/17/15 at 8:00am
Field Hockey Upperclass Frosh	8/17/15 8/24/15	8/18/14 8/25/14	6/19/15 6/26/15	7/27/15	8/24/15 at 2:00pm
Boy's XC All	8/24/15	8/25/14	6/26/15	7/27/15	8/18/15 at 8:00am
Girl's XC All	8/24/15	8/25/14	6/26/15	7/27/15	8/20/15 at 8:00am
Girl's Tennis All	8/10/15	8/11/14	6/12/15	7/27/15	8/10/15 at 11:00am
Cheerleading All	8/17/15	8/18/14	6/19/15	7/27/15	Done
Gymnastics All	8/17/15	8/18/14	6/19/15	7/27/15	8/17/15 at 10:00am
Volleyball	8/17/15	8/18/14	6/19/15	7/27/15	8/17/15 at 9:00am

In order to be cleared medically the following medical information is required:

1). Preparticipation Physical Evaluation History and Physical Examination Form, pages 1-5, which must be dated on/after the above mentioned date for your respective sport. (We will only accept the NHHS or NJ State Athletic Physical Form)

2). Health History Update Questionnaire, pages 1-2, which must be dated on/after the above mentioned date for your respective sport. ***This form must be completed only if the physical examination was not completed within 60 days of the first day of practice.***

3). Inhaler Form if an inhaler is required for a medical condition. This form must be completed once per calendar school year unless a change has been made with a medical action care plan.

4). Epi-pen Form if an epi-pen is required for a medical condition. This form must be completed once per calendar school year unless a change has been made with a medical action care plan.

5). Diabetic Management Form if an athlete is a diabetic. This form must be completed once per calendar school year unless a change has been made with a medical action care plan.

6). NHHS Interscholastic Sport (Athletics) & Intramural Consent Form (must be the REV 10/14 Form which is located on the lower right corner of the form). Please note this form only needs to be completed once per calendar school year.

7). A current ImPACT Test Baseline must also be on file. A baseline test administered prior to September 2013 has expired for the Fall 2015 athletic tryouts.

All of the forms can be downloaded from the school's website at the following link:

<http://www.nhvweb.net/nhhs/athletics/athletic-medical-forms/>

Please make sure your parents and athletes understand that the school doctor will make the final medical clearance for an athlete to participate. He comes in once a week so it is imperative that forms are turned in at a timely manner on/or prior to the established deadline.

There is a minimum of 24 hours required to review all medical forms for athletic clearance.