

To: The 2014-15 Winter Sport Coaching Staff
From: Bill Jehl and Karen Korbul
Subject: Physical, Health History Questionnaire Update and ImPACT Dates for 2014-15 Winter Sports
Date: September 16, 2014

Based upon your listed starting dates for the 2014-15 Winter Sport Season these are the dates required to meet the state guidelines for physicals and parent permission forms:

Sport	Start Date	Preparticipation Physical Evaluation History and Physical Examination Form (pages 1-5) must be dated on/after:	Health History Update Questionnaire (pages 1-2) must be dated on/after: (<i>This form must be completed only if the physical examination was not administered <u>within</u> 60 days of the first day of practice. Physicals prior to the date below will require completion of this form.</i>)	ImPACT Test Date/Time in library	Medical Papers Due Date
Girl's Basketball All	11/24/14	11/25/13	9/26/14	11/13/14 3:00pm	11/10/14
Boy's Basketball All	11/24/14	11/25/13	9/26/14	11/13/14 3:00pm	11/10/14
Girl's Swimming All	11/18/14	11/19/13	9/20/14	11/10/14 3:00pm	11/4/14
Boy's Swimming All	11/18/14	11/19/13	9/20/14	11/10/14 3:00pm	11/4/14
Girl's Track All	12/3/14	12/4/13	10/5/14	11/25/14 3:00pm	11/19/14
Boy's Track All	12/1/14	12/2/13	10/3/14	11/25/14 3:00pm	11/17/14
Wrestling All	12/1/14	12/2/13	10/3/14	11/17/14 3:00pm	11/17/14
Cheerleading Wrestling	12/1/14	12/2/13	10/3/14	Completed	11/17/14
Cheerleading Basketball	11/11/14	11/12/13	9/13/14	11/5/14 3:00pm	10/29/14
Girl's Fencing	12/1/14	12/2/13	10/3/14	11/19/14 3:00pm	11/17/14
Boy's Fencing	12/1/14	12/2/13	10/3/14	11/19/14 3:00pm	11/17/14

In order to be cleared medically the following medical information is required:

1). Preparticipation Physical Evaluation History and Physical Examination Form, pages 1-5, which must be dated on/after the above mentioned date for your respective sport. (We will only accept the NHHS or NJ State Athletic Physical Form)

2). Health History Update Questionnaire, pages 1-2, which must be dated on/after the above mentioned date for your respective sport. ***This form must be completed only if the physical examination was not completed within 60 days of the first day of practice.***

3). Inhaler Form if an inhaler is required for a medical condition.

4). Epi-pen Form if an epi-pen is required for a medical condition.

5). Diabetic Management Form if an athlete is a diabetic.

6). NHHS Interscholastic Sport (Athletics) & Intramural Consent Form (must be the REV 5/11 Form which is located on the lower right corner of the form).

7). A current ImPACT Test Baseline must also be on file. A baseline test administered prior to January 2013 has expired for the Winter 2014-15 athletic tryouts.

All of the forms can be downloaded from the school's website at the following link:

<http://www.nhvweb.net/nhhs/athletics/athletic-medical-forms/>

Please make sure your parents and athletes understand that the school doctor will make the final medical clearance for an athlete to participate. He comes in once a week so it is imperative that forms are turned in at a timely manner on/or prior to the established deadline.