

North Hunterdon High School Athletic Training Office

**To:** The 2014 Fall Sport Coaching Staff

**From:** Bill Jehl and Karen Korbul

**Subject:** Physical, Parent Permission, and Frosh ImPACT Test Dates for 2014 Fall Sports

**Date:** May 5, 2014, revised May 27, 2014

Based upon your listed starting dates for the 2014 Fall Sport Season these are the dates required to meet the state guidelines for the physical and health history forms:

<b>Sport</b>	<b>Start Date</b>	<b>Preparticipation Physical Evaluation History and Physical Examination Form (pages 1-5) must be dated on/after:</b>	<b>Health History Update Questionnaire (pages 1-2) must be dated on/after: <i>(This form must be completed only if the physical examination was not administered <u>within</u> 60 days of the first day of practice. Physicals prior to the date below will require completion of this form.</i></b>	<b>Medical Papers Due Date</b>	<b>ImPACT Test Date/Time in the Media Center for frosh</b>
<b>Football</b> Upperclass Frosh	8/11/14 8/15/14	8/12/13 8/16/13	6/13/14 6/17/14	7/28/14 7/28/14	8/14/14 10:00am
<b>Boy's Soccer</b> Upperclass Frosh	8/13/14 8/20/14	8/14/13 8/21/13	6/15/14 6/22/14	7/28/14 7/28/14	8/20/14 9:00am
<b>Girl's Soccer</b> Upperclass Frosh	8/11/14 8/20/14	8/12/13 8/21/13	6/13/14 6/22/14	7/28/14 7/28/14	8/20/14 8:00am
<b>Field Hockey</b> All	8/11/14	8/12/13	6/13/14	7/28/14	8/11/14 8:00am
<b>Boy's XC</b> All	8/18/14	8/19/13	6/20/14	7/28/14	8/18/14 9:00am
<b>Girl's XC</b> All	8/18/14	8/19/13	6/20/14	7/28/14	8/18/14 8:00am
<b>Girl's Tennis</b> All	8/11/14	8/12/13	6/13/14	7/28/14	8/11/14 11:00am
<b>Cheerleading</b> All	8/13/14	8/14/13	6/15/14	7/28/14	Done
<b>Gymnastics</b> All	8/11/14	8/12/13	6/13/14	7/28/14	8/11/14 9:00am
<b>Volleyball</b>	8/11/14	8/12/13	6/13/14	7/28/14	8/11/14 9:00am

In order to be cleared medically the following medical information is required:

- 1). Preparticipation Physical Evaluation History and Physical Examination Form, pages 1-5, which must be dated on/after the above mentioned date for your respective sport. (We will only accept the NHHS or NJ State Athletic Physical Form)
- 2). Health History Update Questionnaire, pages 1-2, which must be dated on/after the above mentioned date for your respective sport. ***This form must be completed only if the physical examination was not completed within 60 days of the first day of practice.***
- 3). Inhaler Form if an inhaler is required for a medical condition.
- 4). Epi-pen Form if an epi-pen is required for a medical condition.
- 5). Diabetic Management Form if an athlete is a diabetic.
- 6). NHHS Interscholastic Sport (Athletics) & Intramural Consent Form (must be the REV 5/11 Form which is located on the lower right corner of the form).
- 7). A current ImPACT Test Baseline must also be on file. A baseline test administered prior to September 2012 has expired for the Fall 2014 athletic tryouts.

All of the forms can be downloaded from the school's website at the following link:

<http://www.nhvweb.net/nhhs/FormsPage.htm>

Please make sure your parents and athletes understand that the school doctor will make the final medical clearance for an athlete to participate. He comes in once a week so it is imperative that forms are turned in at a timely manner on/or prior to the established deadline.