

To: The 2013 Fall Sport Coaching Staff
From: Bill Jehl and Karen Korbul
Subject: Physical, Parent Permission, and Frosh ImPACT Test Dates for 2013 Fall Sports
Date: April 22, 2013

Based upon your listed starting dates for the 2013 Fall Sport Season these are the dates required to meet the state guidelines for physicals and parent permission forms:

Sport	Start Date	Physical must be dated on or after (pages B1-B4)	Parent permission must be dated on or after (pages A1-A3)	Medical Papers Due Date	ImPACT Test Date/Time in the Media Center for frosh
Football Upperclass Frosh	8/12/13 8/19/13	8/13/12 8/20/12	6/14/13 6/21/13	8/1/13 8/1/13	8/19/13 9:00am
Boy's Soccer Upperclass Frosh	8/15/13 8/21/13	8/16/12 8/22/12	6/17/13 6/23/13	8/1/13 8/1/13	8/21/13 9:00am
Girl's Soccer Upperclass Frosh	8/12/13 8/21/13	8/13/12 8/22/12	6/14/13 6/23/13	8/1/13 8/1/13	8/21/13 8:00am
Field Hockey All	8/12/13	8/13/12	6/14/13	8/1/13	8/12/13 8:00am
Boy's XC All	8/12/13	8/13/12	6/14/13	8/1/13	8/12/13 10:00am
Girl's XC All	8/19/13	8/20/12	6/21/13	8/1/13	8/19/13 8:00am
Girl's Tennis All	8/12/13	8/13/12	6/14/13	7/15/13	8/12/13 11:00am
Cheerleading All	8/14/13	8/15/12	6/16/13	8/1/13	Done
Gymnastics All	8/12/13	8/13/12	6/14/13	8/1/13	8/12/13 8:00am
Volleyball All	8/12/13	8/13/12	6/14/13	8/1/13	8/12/13 9:00am

In order to be cleared medically the following medical information is required:

- 1). Physical examination, pages B1-B4, which must be dated on/after the above mentioned date for your respective sport. (We will only accept the NHHS or NJ State Athletic Physical Form)
- 2). Health History Questionnaire, pages A1-A3, which must be dated on/after the above mentioned date for your respective sport. (We will only accept the NHHS Health History Questionnaire Form)
- 3). Inhaler Form if an inhaler is required for a medical condition.
- 4). Epi-pen Form if an epi-pen is required for a medical condition.
- 5). Diabetic Management Form if an athlete is a diabetic.
- 6). NHHS Interscholastic Sport (Athletics) & Intramural Consent Form (must be the REV 5/11 Form which is located on the lower right corner of the form).
- 7). A current ImPACT Test Baseline must also be on file. A baseline test administered prior to September 2011 has expired for the Fall 2013 athletic tryouts.

All of the forms can be downloaded from the school's website at the following link:

<http://www.nhvweb.net/nhhs/athletics/athletic-medical-forms/>

Please make sure your parents and athletes understand that the school doctor will make the final medical clearance for an athlete to participate. He comes in once a week so it is imperative that forms are turned in at a timely manner on/or prior to the established deadline.