

To: The 2012-13 Winter Sport Coaching Staff

From: Bill Jehl and Karen Korbul

Subject: Physical, Parent Permission and ImpACT Dates for 2012-13 Winter Sports

Date: September 27, 2012

Based upon your listed starting dates for the 2012-13 Winter Sport Season these are the dates required to meet the state guidelines for physicals and parent permission forms:

	<b>Start Date</b>	<b>Physical must be dated on or after (pages B1-B4)</b>	<b>Parent permission must be dated on or after (pages A1-A3)</b>	<b>ImpACT Test Date/Time in library</b>
<b>Girl's Basketball</b> All	11/26/12	11/28/11	9/28/12	11/15/12 3:00 pm
<b>Boy's Basketball</b> All	11/26/12	11/28/11	9/28/12	11/15/12 3:00 pm
<b>Girl's Swimming</b> All	11/15/12	11/17/11	9/17/12	11/7/12 3:00 pm
<b>Boy's Swimming</b> All	11/15/12	11/17/11	9/17/12	11/5/12 3:00 pm
<b>Girl's Track</b> All	11/26/12	11/28/11	9/28/12	11/19/12 3:00 pm
<b>Boy's Track</b> All	11/29/12	12/1/11	10/1/12	11/28/12 3:00 pm
<b>Wrestling</b> All	11/26/12	11/28/11	9/28/12	11/19/12 3:00 pm
<b>Cheerleading Wrestling</b>	11/26/12	11/28/11	9/28/12	Completed
<b>Cheerleading Basketball</b>	11/13/12	11/15/11	9/15/12	11/1/12 3:00 pm
<b>Women's Fencing</b>	11/26/12	11/28/11	9/28/12	11/20/12 3:00 pm
<b>Boy's Fencing</b>	11/26/12	11/28/11	9/28/12	11/20/12 3:00 pm

In order to be cleared medically the following medical information is required:

- 1). Physical examination, pages B1-B4, which must be dated on/after the above mentioned date for your respective sport. (We will only accept the NHHS or NJ State Athletic Physical Form)
- 2). Health History Questionnaire, pages A1-A3, which must be dated on/after the above mentioned date for your respective sport. (We will only accept the NHHS Health History Questionnaire Form)
- 3). Inhaler Form if an inhaler is required for a medical condition.
- 4). Epi-pen Form if an epi-pen is required for a medical condition.
- 5). Diabetic Management Form if an athlete is a diabetic.
- 6). NHHS Interscholastic Sport (Athletics) & Intramural Consent Form (must be the REV 5/11 Form which is located on the lower right corner of the form).
- 7). A current ImpACT Test Baseline must also be on file. A baseline test administered prior to November 2010 has expired for the winter 2012-13 athletic tryouts (Mrs. Korbul will determine the date for the ImpACT Test and she will let you know this date when it is determined).

All of the forms can be downloaded from the school's website at the following link:

<http://www.nhvweb.net/nhhs/athletics/athletic-medical-forms/>

Please make sure your parents and athletes understand that the school doctor will make the final medical clearance for an athlete to participate and it is highly recommended that all paperwork is turned in at least two weeks prior to the first day of practice which will provide ample time for him to make final medical clearance. All forms will require a minimum of 24 hours for physician review before medical clearance can be provided.