

**VOORHEES HIGH SCHOOL  
GUIDANCE DEPARTMENT**

**Counselor's Recommendation Questionnaire**

**Name** \_\_\_\_\_ **I.D.#** \_\_\_\_\_

**Address** \_\_\_\_\_

**HomePhone#** \_\_\_\_\_ **SS#** \_\_\_\_\_

The information you provide in this questionnaire will help your counselor in writing letters of recommendation for you to post-secondary schools/colleges/future employers. Please answer all questions to the best of your ability. The more information you provide, the better job your counselor will be able to do in writing your recommendations. If the space provided is not adequate, feel free to attach additional information or use the back of these pages. Thank you.

**DATE OF BIRTH:** \_\_\_\_\_ **PLACE OF BIRTH:** \_\_\_\_\_

**CITIZEN:** Are you a U.S. citizen? \_\_\_\_\_ **LANGUAGE PROFICIENCY:** if you are proficient in a language other than English, specify \_\_\_\_\_

<b>PARENTS:</b>	Occupation	Employer	College Attended	Degrees Earned
Mother's name				
Father's name				

**SIBLINGS:** Do you have any siblings (ages)? Are any now attending or have graduated from college (and from which college)? \_\_\_\_\_

**ACTIVITIES:** What school and/or community activities have you, or will you, participate in during your high school years? What role or position did you play in each activity? **BE SPECIFIC**

<b>Grade 9</b>	<b>Grade 10</b>	<b>Grade 11</b>	<b>Grade 12</b>	Position (captain, president.) Grade

**ATHLETICS:** Do you plan on playing Division I or II sports in college? If yes, specify sport.

**HONORS/AWARDS:** Please list any honor or award you have received while in high school. Give the specific name and year and description of the award. Use back of sheet if necessary.

<b>AWARD</b>	<b>YEAR</b>	<b>Description:</b>

**CAREER GOALS:** What will be your major in college? Specify \_\_\_\_\_  
Have you thought of a future profession/career? If so, what interests you and why?

**SPECIAL EVENT:** Describe a recent experience that has given you a sense of satisfaction or pride. Explain why.

**SELF EVALUATION:** Please give adjectives that would describe you from:

- Friends
- Family
- Yourself

**SPECIAL CIRCUMSTANCES:** Are there any outside circumstances that have interfered with your academic performance? For example divorce, separation, death, guardianship or any unusual situation.

**INTERESTS/HOBBIES:** Please discuss some of your interests/hobbies, the extent of your involvement in these hobbies/interests, and any special accomplishments in these areas.

**SPECIAL PROGRAMS:** Describe in detail any special activities or enrichment programs that you have participated in during your high school years.

**SUMMER PROGRAMS:** Have you participated in any summer programs? Please specify dates and describe the nature of the program.

**LIFE EXPERIENCES:** What life experiences have set you apart from others.. i.e. travel, study abroad.

**WORK EXPERIENCE:** Have you held any part-time or summer jobs? Specify the dates of employment.

EMPLOYER	STARTING DATE	ENDING DATE	POSITION

**VOLUNTEER EXPERIENCE & COMMUNITY INVOLVEMENT:** Please describe the nature of any volunteer work: type of work, where, what organization, how long.

PROJECT	ORGANIZATION	WHEN	HOURS	DESCRIPTION

**WHAT HAVE WE MISSED?**

# POST-HIGH SCHOOL PLANNING

## JUNIOR CHECKLIST

### **May – June:**

- Focus on your studies – do your best!
- Discuss future goals/plans with parents and counselor.
- Research post-secondary options.
- Review course selection for senior year.
- Check admissions for placement tests and/or other testing requirements.
- Ask for letters of recommendation from teachers.
- Visit potential colleges/schools/programs.
- Athletes complete NCAA Clearinghouse form on-line.
- Explore summer enrichment/employment/volunteer opportunities.
- Complete “Counselor Letter of Recommendation Questionnaire” and return by June 1<sup>st</sup>.

### **July – August:**

- Further discuss and review plans.
- Continue to research post-secondary programs.
- Write, call or e-mail for information and applications.
- Work on essays and personal statement.
- Decide if early decision candidate.