

What's with the Green Dot?

Green Dot: Any single choice, behavior, attitude or words that express intolerance of any form of violence, express support for victims of violence and actively contributes to a culture of safety.

A Green Dot is:

- Intervening in a high risk situation
- Talking to your friends about how you feel about violence
- Volunteering at SAFE in Hunterdon
- Wearing Green Dot gear
- Adding "Green Dot Supporter" to your Facebook profile
- Organizing a training for your organization.

A Green Dot is simply your individual choice at any given moment to make our community safer.



Serving Victims of Domestic Violence and Sexual Assault

The following services provided by the agency are completely free & confidential to survivors and their loved ones:

- 24 Hour Hotline
- Crisis Intervention Team
- Volunteer Program
- Therapy and Counseling
- Residential Programming
- Legal Advocacy
- Children's Program

OUTREACH OFFICE

47 East Main Street
Flemington, NJ 08822

Phone: (908) 788-7666

Fax: (908) 788-2799

24-Hour Toll Free Hotline:

1-888-988-4033

For more information, please visit
www.safeinhunterdon.org



**"No one has
to do everything.
Everyone has
to do something."**

www.safeinhunterdon.org/greendot

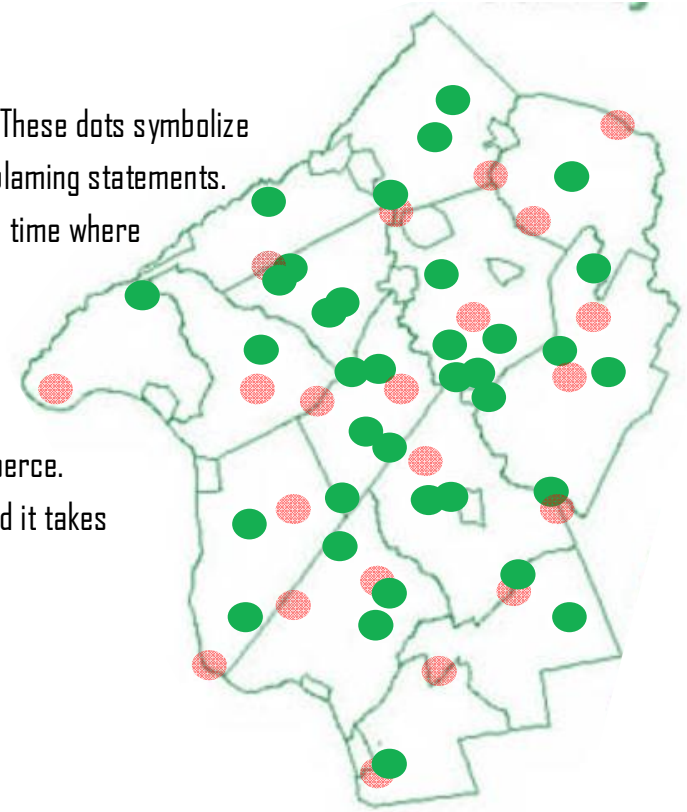
What's Your Green Dot?

Think of a map...

... one of New Jersey, specifically of Hunterdon County. Imagine that this county is covered in dots - **red** dots. These dots symbolize decisions to tolerate, justify, or perpetuate acts of violence. They represent rape, abuse, bullying, and victim blaming statements. They also stand for inaction when acts of violence occur or are about to occur. A single **red** dot is a moment in time where someone's choices, actions, words or behaviors contribute to or tolerates violence in any way.

- One **red** dot is the 3 seconds it takes to raise your hand to someone and strike them.
- One **red** dot is the choice someone makes to have sex with someone else without their consent.
- One **red** dot is the 2 minutes it takes for someone to use their words to threaten, intimidate, frighten or coerce.
- One **red** dot is that party situation where you see something that you know is high risk. And the split second it takes you to decide to walk away and do nothing - that moment of apathy is a **red** dot.
- One **red** dot is the teasing that happens on the bus on the way home from school.

Unlike **Green** Dots, **red** dots sustain the violence that exists in our community.



Why is this important?

- Nearly one-third, 31 percent, of American women report being physically or sexually abused by a husband or boyfriend at some point in their lives.
- 1 in 5 female high school students reports being physically and/or sexually abused by a dating partner.
- One in six American women and one in thirty three men are victims of sexual assault.
- 86% of more than 1,200 nine to thirteen year old boys and girls polled said they've seen someone else being bullied while 48% said they've been bullied and 42% admitted to bullying other kids at least once in a while.

Each incident hurts us all. These acts of violence are like **red** dots covering a map, much like an epidemic that spreads out of control if not stopped. But, we CAN stop violence and you are a part of the solution. Through your words, your choices and your actions in any given moment, you can add a **Green** Dot to our map - displacing a **red** dot - and making a difference.