

**NORTH HUNTERDON HIGH SCHOOL - TENTATIVE FALL SPORTS PRACTICE INFORMATION 2009-2010 SCHOOL YEAR**

<u>SPORT</u>	<u>LEVEL</u>	<u>STARTING DATE</u>	<u>TIME</u>
<b>FOOTBALL</b> <b>(MANDATORY</b> <b>PARENT/PLAYER</b> <b>MEETING FOR ALL LEVELS</b> <b>MONDAY 6/01/09 @ 7:00pm</b> <b>in the High School THEATER</b>	SENIORS, JUNIORS, SOPH	AUGUST 17	7:00 AM – 4:00 PM
	DOUBLES START	AUGUST 20	8:00 AM – 4:00 PM
	FRESHMEN		
	<u>SUMMER WORKOUTS:</u>		
	SENIORS, JUNIORS, SOPH	JUNE 22 – AUG 6 (M – TH)	7:00 – 9:10 AM
	FRESHMEN	JUNE 30 – AUG 6 (T – TH)	8:45 – 10:00 AM
BOYS SOCCER	Varsity AND JV	AUGUST 22	8 – 11 AM
	FRESHMEN	AUGUST 22	10:00 AM – 12:00 PM
GIRLS SOCCER	Varsity AND JV	AUGUST 22	8 – 11 AM
	FRESHMEN	AUGUST 22	8 – 10 AM
FIELD HOCKEY	SENIORS, JUNIORS, SOPH	AUGUST 19, 20, 21 & 22	8-11 AM
	FRESHMEN	AUGUST 22	9AM – 12 PM
BOYS CROSS COUNTRY	ALL LEVELS	AUGUST 24	3 – 5 PM
GIRLS CROSS COUNTRY	ALL LEVELS	AUGUST 24	3:15 – 5:30 PM
GIRLS TENNIS	Varsity ONLY	AUGUST 17	9 AM – 12:30 PM
	BOTH Varsity & JV	AUGUST 17 MEETING	10:30 AM
	NOTE: THERE WILL BE SATURDAY PRACTICES		
CHEERLEADING	Varsity AND JV	MAY 4(Tryout)	5PM– 8:00 PM
		AUGUST 17 (PRACTICE)	9 – 11:30 AM
GYMNASTICS	ALL LEVELS	AUGUST 24	3:00 PM – 5:30 PM
VOLLEYBALL	SENIORS, JUNIORS, SOPH	AUGUST 22	9 AM – 12PM
	FRESHMEN	AUGUST 22	9 AM – 12PM
BAND	ALL	AUGUST 10-13	6 – 9 PM
		OTHER DATES AND TIMES WILL BE GIVEN AT THE AUGUST 11 DATE	

*Band Camp: August 17 through August 21. (Mon./Tues./Wed. 8:00 AM to 12:00 PM; Thurs. 8:00 AM to 5:00 PM, Fri. 8:00 AM – 7:00 PM)*

**PLEASE NOTE:** FAMILY VACATIONS SHOULD NOT BE PLANNED FOR AFTER AUGUST 8. MISSING PRACTICE AND TRYOUTS WILL JEOPARDIZE YOUR CHILD’S CHANCES OF MAKING A TEAM.

Most coaches can be reached at the coach's name @ nhvweb.net or contact the Athletic Department at 908-713-4152. (Example John Mattes is [jmattes@nhvweb.net](mailto:jmattes@nhvweb.net)). Other coach's e-mails are listed.

**FALL SEASON HEAD COACHES – MEET THE COACHES ON AUGUST 19<sup>TH</sup> FOR THE ACTIVITIES\ATHLETIC FAIR AT 3:30PM**

Football	John Mattes
Girls' Soccer	Garrett Lelko
Boys' Soccer	John Simpson
Girls' Tennis	Maria Covino
Field Hockey	Stacy Ditze
Girls' Cross Country	Sean Walsh
Boys' Cross Country	Gerry Dodge
Girls' Volleyball	Kirk Hissner
Cheerleading	Lori Guida
Girls' Gymnastics	Michael Schuetz

**WINTER SEASON HEAD COACHES**

Wrestling	Jason Hawk
Girls' Basketball	Tom Hank
Boys' Basketball	Jeff Tagliareni (jtagliareni@mtsd.k12.nj.us)
Girls' Swimming	Jennifer Komoroski
Boys' Swimming	Mike Schuetz
Girls' Indoor Track	Sean Walsh
Boys' Indoor Track	Charles Heidecker
Basketball Cheerleading	Michelle McGann
Wrestling Cheerleading	Lori Guida
Girls' Fencing	Katherine Lyon
Boys' Fencing	John Reid

**SPRING SEASON HEAD COACHES**

Baseball	Parker Snare
Softball	Jeff Steele
Girls' Track	Sean Walsh
Boys' Track	Charles Heidecker
Girls' Lacrosse	Amy Dalgewicz
Boys' Lacrosse	Rob Donnelly
Boys' Tennis	Gerry Dodge
Golf	Kirk Hissner

**DIRECTOR OF ATHLETICS – JOHN DEUTSCH**

**TRAINERS – BILL JEHL & KAREN KORBUL**

**SCHOOL NURSES –CATHY FUMOSA & GLORIA CAPUTO-KORMAN**

**DIRECTOR OF STUDENT ACTIVITIES – TARA KRAATZ**